

# DISABILITY, INCLUSIVITY, ACCESSIBILITY

food for thought



1 in 6 people of the world's population experiences significant disability\*

# 15X

more difficult for them to find accessible and affordable transportation\*



## 3 WAYS OF CREATING A MORE INCLUSIVE ENVIRONMENT

### BE MINDFUL OF HOW YOU SPEAK

Speak naturally and focus on the person, instead of their disability - unless relevant to the discussion. Address them directly, and not their companion. Ask the person whether they prefer identity-first or people-first language (e.g. disabled person vs. person with disability).



### SEEK ADVICE FROM SOMEONE EXPERIENCING DISABILITY



Whether you are organising an event, designing a work space or producing written content on disability, there are specific sensory, audio, visual or mobility needs to consider in the process. In this case, your best advisor is someone whose lived experience informs these needs.

### SUPPORT INDIVIDUALS & GROUPS WHO ADVOCATE FOR DISABILITY INCLUSION

Volunteering for or donating to organisations that promote disability inclusion can greatly support their valuable work. Also, choosing political candidates with disabilities or those advocating for disability rights increases the potential for better legislation in the field.



## THE CREATION OF THIS INFOGRAPHIC WAS INSPIRED BY:



[A – Z of Disability Etiquette](#)

[Communicating with People with Disabilities](#)

[Disability Language Style Guide](#)

[Collection of TED Talks \(And More\) On The Topic of Disability](#)

[Digital Accessibility Awareness and Outreach](#)